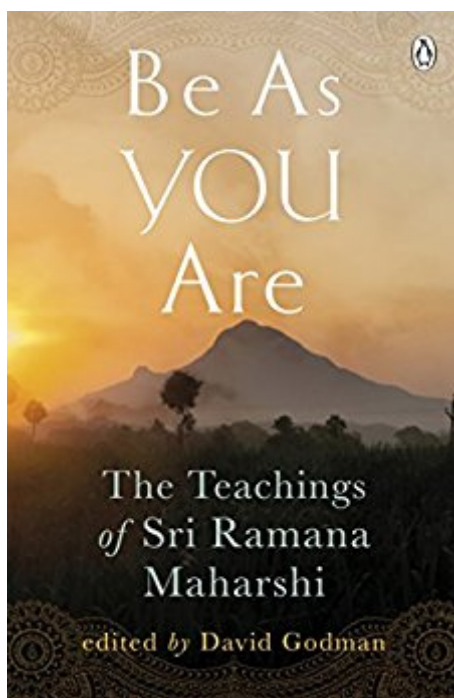


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Be As You Are: The Teachings Of Sri Ramana Maharshi (Arkana)



Synopsis

'Our own Self-realization is the greatest service we can render the world' The simple but powerful teachings of Sri Ramana Maharshi, one of India's most revered spiritual masters, continue to enlighten and enrich over sixty years after his death. *Be As You Are* is the definitive compendium of his knowledge, edited by the former librarian from Sri Maharshi's ashram, which can be found flourishing at the foot of the holy mountain of Arunchala. The book collects conversations with the many seekers who came to him for guidance, answering the questions sought on the road to enlightenment. Through this book, we can discover the essence of Sri Ramana's teaching: that self-realisation is the vital quest we must all pursue, before we can attempt to understand the world. Reissue of the classic spiritual work, updated with a new cover.

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Customer Reviews

Ramana Maharshi's teachings are pure wisdom at the highest level, in my humble opinion. David Godman has edited the volumes of his teachings for years. This edition was created by him to make Ramana's wisdom more accessible and it succeeds mightily. I am very grateful. The concepts of

Indian philosophy are carefully explained in the context of Ramana's teachings and the teachings themselves are organized in a way that makes them as approachable as they will ever be (as far as I can tell). Since all that exists are edited Q&A sessions, having them organized for the first and only time, in this way, is a real gift. If you are interested in going deeper with the teachings of one of India's true Masters, an authentic Guru, then this is an essential text. Again, I am very grateful to have found it and to have experienced a connection with this deep wisdom.

Sri Ramana Maharshi is a realized soul. You can feel his power when you read his words. This book will have a profound effect on your pursuit of self realization. If you are a person who is on a spiritual path moving toward self realization, I highly recommend this book as a must read to aid you in your quest. I thoroughly enjoyed the question and answer format. The questions were very lucid and encompassed pretty much very valid questions of aspirants to a guru or realized soul. It was very mesmerizing and very revealing in a spiritual sort of way.

This book is a great piece of work. Kudos to David Godman for his dedication and devotion!!!

One of the great challenges in understanding the teachings of Sri Ramana Maharshi and numerous other spiritual authors is that their teachings are passed on, for the most part, by books that record their conversations in question and answer format. That is, their answers to questions put to them by individual seekers. What most are unaware, is that the answers provided by spiritual teachers are different for different seekers to accommodate their level of development and differing interests. That is why some of the answers 'appear' contradictory. This can cause difficulty in adopting a spiritual practice strictly from reading a book, as we do not know which techniques best fit us and may get confused on the essence of their teaching. Well, after 12 years of study and practice of the teachings of Sri Ramana Maharshi and numerous other authors I recently 'happened' upon this wonderful publication. The editor did a wonderful job of organizing the teachings of Sri Ramana Maharshi into chapters covering the essence of his different teachings that he tailored for each different type of seeker. He also provides an introduction to summarize the essence of his teachings. This book brought an amazing clarity to Sri Ramana's teachings as well as an improved understanding of all spiritual paths and practices. This book is a must read for anyone on the path of Sri Ramana Maharshi as well as for anyone on any other spiritual path as it covers the essence of all spiritual paths (e.g., surrender and self-enquiry). Enjoy.

Everyone who is serious about reaching God Consciousness will be delighted, filled with joy when they read this book. It is simple direct Truth. I have read most of the primary sacred Sanskrit texts - and even though I was not fortunate enough to ever meet him, I consider myself a disciple of the Kashmir Shaivite Saint, Swami Lakshmanjoo who as a young man studied with Ramana Maharshi - which is why I decided to read this book. I trust Lakshmanjoo. For those who are actually experiencing expanding consciousness and tastes of Union, this book clarifies everything you might be fuzzy, wondering about. I can't begin to express my gratitude to David

Godman.quotes:"Individuality is the illusion that we are not identical with God; when the illusion is dispelled, what remains is God." "When seen through the sight of the supreme space of Self, the illusion of taking birth in this mirage-like false world is found to be nothing but egotistical ignorance of identifying a body as 'I'."

Highly recommended. Wonderful Q&A format compiled by Mr. Godman. Such a precious gift! Many thanks. 3 more words required for...

A wonderfully written book; David Godman's commentary was excellent. A great way to get to know Bhagavan Sri Ramana Maharshi teachings. Everyone should visit David Godman's website; ends in .org ;) There one can read excerpts from all his books and other books that he recommends. Another great resource is his youtube channel, it is listed using his name. Will read all of David Godman's other writings about Bhagavan Sri Ramana Maharshi and the other books he recommends; encourage all to this as well. And of course Bhagavan Sri Ramana Maharshi teachings are timeless and to the point. Even now they touch so many. Forever grateful to have found Bhagavan Sri Ramana Maharshi teachings. Thank Good, David Godman for all you do.

This book would have been a certain 5 stars if language were more readable rather than scholarly in tone. Also one must read the other fine book Talks With Ramana Maharshi to get a firmer grasp of this man and do not pass up the classic I AM THAT...from another great Maharshi, Nisargadatta. I guess transcription is an issue but this book is still a great read.. Much insight and dialogue in the master student question and answer format.. i am certain that each time one reads its words a new meaning will arise... Eastern philosophy at its finest in my opinion.. wisdom from a truly remarkable man. Still a necessary addition to one's bookshelf. Its lucidity still rings despite the complexity of its prose.

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